## Merlin Works Cheat Sheet

**Remember How to Play:** Tap in to Your Best Self and Your Most Original Ideas

- 1. Be willing to fail (It's a sign of risk taking.)
- 2. Take Risk (It's the only way you will learn and stretch.)
- 3. **Commit** (To the game--whatever it is. Fail big and succeed big.)
- 4. **Have Fun** (It makes everything better. If you take things too seriously, you won't want to risk anything.)
- 5. Be A Good Sport (Don't beat yourself up or dwell on failure. Instead, STAY IN PLAY!)

## Spontaneity tips: Live in the Moment

- 1. Pay Attention (It keeps you in the moment because you can't tune out and think ahead.)
- 2. **Take Risks** (Without risk, you're not stretching and growing.)
- 3. Embrace Failure (It's a sign you are learning and taking risk.)
- 4. Move Out of the Box to Thing Out of It (Get on your feet to discover new ideas.)
- 5. **Be In The Moment** (Things like stage fright, fear, regret, dread are all great signals that you're not in the moment. Acknowledge them and get back in the moment.)
- 6. **Don't Worry About the Rules** (Don't be too concerned with getting it right. You might come up with some better rules. And besides there is no "right" way to play.)
- 7. Don't Self-Censor (Or else you're best ideas may never make it out of your brain.)
- 8. **Be Obvious** (Trust your instincts—they may be smarter than you are.)
- 9. **Be Willing to Give Up Some Control** (You don't have to know the outcome before you start. Just get started. And don't forget to share the game with other players.)

## Teamwork tips: Be a Team Player

- 1. **Make eye contact** (Connect with your partner right off the bat. Action speaks louder than words and eye contact practically screams.)
- 2. **Open up awareness** (See the whole group, not just the part you are immediately focused on. Use your peripheral vision and other senses to take everything in.)
- 3. Say Yes (To your own and to other's ideas, even if it's just to try them out.)
- 4. **Make Your Partner Look Good** (Play generously and make whatever your partner gives you exactly what you wanted.)
- 5. Be Obvious (Communicate clearly and simply to make sure everyone's with you.)
- 6. Listen to the Group Mind (Get quiet and the group will tell you what is needed of you.)
- 7. The Most Important Thing is What Your Partner Just Said or Did (You're partner is your life preserver—so don't lose track of them)
- 8. **Be willing to give up your ideas for others**. (You've got a ton of them. Why not give in a little to give others a good time?)
- 9. Be willing to give up some control (Trust yourself and your partner to have something when the time comes. Make sure you share in the creative process)



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